

Allotment gardens show how it's done – productive and sustainable

For about 200 years there have been allotment gardens in Germany for the cultivation of horticultural products for personal use, initially out of sheer necessity to provide oneself with essential food, nowadays for the joy of gardening, as an experience for children and for healthy organic produce. "Urban gardening" is in vogue.

However, the value of allotment gardens for food supply should not be underestimated. Knowing how, a family can be self-sufficient all year round through the organic cultivation of fruit and vegetables on a plot. An estimated 5 million

people make use of the benefits of allotment gardening, which is protected by the federal allotment garden law, an initial situation that is unparalleled internationally.

What is a hobby in our country forms the backbone of the food supply of the population in global terms as "small-scale agriculture". It is worthwhile to take a closer look at these forms of food production and to research them further scientifically!

The BDG therefore supports "Hidden Champions", a discussion paper by the Deutsche Schreberjugend Bundesverband e.V., which uses individual examples and scientific studies to highlight the potential and importance of self-cultivation in allotment gardens.

In view of the challenges of our time, we are more than ever dependent on sustainable land management and food production that is socially, naturally and environmentally compatible. Our allotment gardens show how it can be done, regionally and seasonally, ecologically, environmentally and climate friendly! In addition, the knowledge of growing one's own fruit and vegetables has always been promoted here and passed on to children and adults. This must be preserved and further developed!

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You can read the paper "Hidden Champions" here:

https://deutsche--schreberjugend-de.translate.google.com/projects/hi/?x_tr_sl=de&x_tr_tl=en&x_tr_hl=de&x_tr_pto=nui

